

## Mildmay Community Centre Weekly Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Arsenal Double Club (Football and Homework)</b> 4pm – 6pm</p>	<p><b>Stay n Play</b> 09:00-11:30am &amp; 12:00-14:30pm</p>	<p><b>Little Superstars Under 5s Football Training Access to Sports</b> 10.00am – 11.30am</p> <p><b>Carers Advice Surgery with Islington Carers Hub</b> 11.00am – 1pm By appointment only</p>	<p><b>Little Superstars Under 5s Football Training Access to Sport</b> 10am-11.30am</p> <p><b>Mildmay Gardening Club</b> For further details ask at reception of community centre</p> <p><b>NIMBLE WESTERN LINE DANCERS</b> 2pm-4:30pm</p>		<p><b>Capoeira for Children with Capoeira Kids Project</b> 10.30am – 12.30pm</p>
<p><b>The VAMP Project</b> Train for a job in IT/Digital industries 6.30pm - 10pm</p>	<p><b>Swing Train Fitness Class</b> 6.30pm —7.30pm</p> <p><b>All Voices Community Choir</b> 7.30pm – 9pm</p>	<p><b>Mildmay Pensioners Association</b> 1pm – 4pm Last Wednesday of every month</p> <p><b>Fitness and Life Skills and Homework Club</b> 5pm – 7.30pm</p> <p><b>Checkers Bingo</b> 7pm – 9pm</p> <p><b>Peoples Place Vocational IT Training, Mentoring and Development</b> 7pm – 10pm</p>	<p><b>Indoor Bowls</b> 1pm – 3pm</p> <p><b>Targeted Youth Support Advice Drop-in</b> 4.30pm - 6.30pm</p> <p><b>Haider Academy: Moo Sool Do Korean Martial Arts</b> 5.45pm – 7pm</p>	<p><b>Golden Oldies Senior Citizens &amp; Disabled Lunch Club</b> 12noon – 3.00pm</p> <p><b>Fitness and Life Skills and Homework Club</b> 6.30pm – 7.30pm</p>	<p><b>Councillors Advice Surgery</b> Joe Caluori,  5.30pm – 6.30pm First Wednesday of every month</p> <p><b>Safer Neighbourhood Team Surgery</b> For further details ask at reception of community centre</p>
<p><b>Zumba with Reggie</b> 6.30pm – 7.30pm</p> <p><b>Yoga Class</b> 7.45pm – 8.45pm</p>					