

Mildmay Community Centre Weekly Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Arsenal Double Club (Football and Homework)</p> <p>4pm – 6pm</p>	<p>Children’s Creative Dance</p> <p>1.00pm -2pm</p>	<p>Little Superstars Under 5s Football Training Access to Sports</p> <p>10.00am – 11.30am</p>	<p>Little Superstars Under 5s Football Training Access to Sport</p> <p>10am-11.30am</p> <p>Mildmay Gardening Club</p> <p>Ask for further details</p>		<p>Capoeira for Children with Capoeira Kids Project</p> <p>10.30am–12.30pm</p>	<p>New Testament Church of God</p> <p>11.00am – 2.00pm</p>
<p>Zumba with Reggie</p> <p>6:30 – 7:30pm</p>		<p>Mildmay Pensioners Association</p> <p>2pm – 4pm Last Wednesday of every month</p>	<p>Indoor Bowls</p> <p>12pm – 2pm</p>	<p>Golden Oldies Senior Citizens & Disabled Lunch Club</p> <p>12noon – 3.00pm</p>	<p>Councillors Advice Surgery</p> <p>Joe Caluori,</p>	<p>Highest Praise Prayer Centre</p> <p>2:00pm – 5.00pm</p>
<p>Yoga Class</p> <p>7.45pm – 8.45pm</p> <p>Vocational + Academic Mentoring Programme For Young People</p> <p>6.30pm – 9:30pm</p>	<p>Mildmay Gardening Club</p> <p>For further details ask at reception of community centre</p> <p>All Voices Community Choir</p> <p>7.30pm – 9pm</p>	<p>Fitness and Life Skills and Homework Club</p> <p>5pm – 7.30pm</p> <p>IMECE Yoga</p> <p>5:00pm - 6:00pm</p> <p>Checkers Bingo</p> <p>7pm – 9pm</p> <p>Mildmay Teach-Tech, IT Training, Mentoring and Development</p> <p>7:30pm – 9:30pm</p>	<p>NIMBLE WESTERN LINE DANCERS</p> <p>1pm - 3pm</p> <p>Targeted Youth Support Advice Drop-in</p> <p>4.30pm - 6.30pm</p>	<p>African & Caribbean Senior Citizens Group</p> <p>3pm – 7pm</p> <p>Soka Gakkai International</p> <p>7.30pm-9.00pm Ask for further details</p> <p>Fitness and Life Skills and Homework Club</p> <p>6.30pm – 7.30pm</p>	<p>5.30pm – 6.30pm</p> <p>First Wednesday of every month</p> <p>Safer Neighbourhood Team Surgery</p> <p>For further details ask at reception of community centre</p>	