

## Mildmay Community Centre Weekly Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Arsenal Double Club (Football and Homework)</b></p> <p>4.30pm – 6pm</p>	<p><b>Children's Creative Dance</b></p> <p>1.00pm -2pm</p>	<p><b>Little Superstars Under 5s Football Training Access to Sports</b></p> <p>10.00am – 12.00am</p>	<p><b>Little Superstars Under 5s Football Training Access to Sport</b></p> <p>10am-12.00am</p> <p><b>Mildmay Gardening Club</b></p> <p>Ask for further details</p>		<p><b>Capoeira for Children with Capoeira Kids Project</b></p> <p>10.30am–12.30pm</p>	<p><b>New Testament Church of God</b></p> <p>11am – 2.00pm</p>
<p><b>Zumba with Reggie</b></p> <p>6:30 – 7:30pm</p>	<p><b>Mildmay Gardening Club</b></p> <p>For further details ask at the reception of community centre</p>	<p><b>Mildmay Pensioners Association</b></p> <p>2pm – 4pm Last Wednesday of every month</p>	<p><b>Indoor Bowls</b></p> <p>12pm – 2pm</p>	<p><b>Golden Oldies Senior Citizens &amp; Disabled Lunch Club</b></p> <p>12noon – 3.00pm</p>		<p><b>Highest Praise Prayer Centre</b></p> <p>2pm – 5.00pm</p>
		<p><b>Fitness and Life Skills and Homework Club</b></p> <p>5pm – 7.30pm</p> <p><b>IMECE Yoga</b></p> <p>5:00pm - 6:00pm</p> <p><b>Checkers Bingo</b></p> <p>7pm – 9pm</p>	<p><b>NIMBLE WESTERN LINE DANCERS</b></p> <p>2pm – 4.00pm</p> <p><b>Targeted Youth Support Advice Drop-in</b></p> <p>4.30pm - 6.30pm</p>	<p><b>African &amp; Caribbean Senior Citizens Group</b></p> <p>3pm – 7pm</p> <p><b>Soka Gakkai International</b></p> <p>7.30pm-9.00pm Ask for further details</p>		