

## It's Community Centre week at the Mildmay Community Centre...

It has been a busy few month's here at the centre. And so Firstly; we would like to **Thank Our Wonderful Staff, Volunteers and Partners** for all of their hard work helping the community during the lockdown.



Amurt UK have been working with us every Thursday preparing hot takeaway lunches from our kitchen to feed our community with nutritious vegan meals. Anyone can pop by on a Thursday between 12.30pm and 1.30pm to collect meals for themselves, their family or somebody they may know in need and we will come to the door and hand them out to you

Mildmay Mutual Aid have been working with us to help pack and deliver food packages to over 220 people every Friday. From August , food packages will change over to mainly a collection service as our volunteers are starting to go back to work. If anybody needs a care parcel, you must be on the list before you collect, so please contact Christina on 07789 431 498 or email us at [mildmaycp@gmail.com](mailto:mildmaycp@gmail.com)

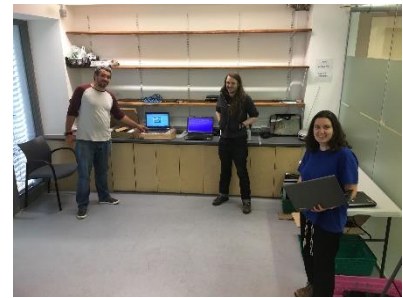


We have also been distributing Art activity packs to local children and other centres. A creative way to keep occupied at home. The art packs were kindly donated by the Barbican Centre. If you would like an art pack for your child, please call in at the centre on a Thursday or Friday between 11.00am and 3.00pm and we will come to the door and hand them out to you.

Alongside the art packs, we have created an online art gallery so that families can upload pictures of their lockdown art projects. Anybody can upload their art to our FB group at – Mildmay Community Art Project via <https://www.facebook.com/groups/596265807909734/>

We are looking forward to holding an art exhibition and celebration of coming back together at the centre when government regulations regarding Covid 19 is over.

Thanks to Mer IT we were also able to donate laptops to local school children who were struggling to work from home with no IT equipment. We are currently looking at getting some Rasberry PI equipment to also donate to the community. Watch this space for further updates.



➔ **FREE ONLINE** ➔  
**COOKING CLASSES**

**EVERY WEDNESDAY**  
**11:00 AM - 1:00 PM**

**FIRST SESSION - 29TH JULY**

 **CARROT  
CAKE**

FOR MORE INFORMATION PLEASE CONTACT  
**MILDMAY COMMUNITY CENTRE**  
MILDMAYCP.ORG.UK  
(0207) 249-8286

**JUMP ONLINE AT 11AM AND JOIN IN!**  
**MEETING ID: 871 5271 4042**



**WILL BE HOSTED ON ZOOM**



Every Wednesday from 29<sup>th</sup> July we will be hosting free online family friendly cooking sessions with Marcia. Please check our Facebook page for the Zoom log in. We also plan to start some online yoga and art session during the month of August.

<https://www.facebook.com/mildmaycommunitycentre/>

We are also here should you need support, advice, signposting or just recycle bags on 020 72498286.

Watch this space for more info! – We have lots of interesting projects in the pipeline around produce growing, cooking, and eating health and nutritious food along with creative activities.

**A Special Thank You to all of our neighbours** who continue to volunteer and donate food supplies. Also thank you to Felix Trust, Islington Council, Edible London, Newington Green Alliance, Mer-IT, Arsenal Foundation, Octopus Community Network, The Army and Navy Pub, Nisa Food Store. Thank You for all Your support.

Help feed your community  
through our Bankuet page!

[www.bankuet.co.uk/](http://www.bankuet.co.uk/)

Bankuet

We have launched our online fundraising platform for our foodbank to donate please go to : <https://www.bankuet.co.uk/mildmay>